



Minnesota Fathers & Families Network 2019 16th Annual Summit

Monday, February 4, 2019 - Full Day
Tuesday, February 5, 2019 - Half Day
Best Western Kelly Inn Plus, St. Cloud

Fathers, Families and the Broad Spectrum of Addictions

Children living in homes where there is parental addictive behaviors can find life difficult, unpredictable and confusing. That's because their brains and bodies are still developing, and they're heavily influenced by their parent's behavior. However, the cycle of addiction can stop. Fathers can make a positive impact in their children's lives and bring hope to their families.

MFFN invites **family professionals**, in health care, mental health, social service and education, **policy makers** and **child advocates** to participate in this one and half day Summit and to learn about this important topic by:

- Understanding about the broad spectrum of addictions and its effects on families.
- Learning about best practices and strategies from professionals on supporting fathers facing addictions and strengthening family systems.
- Hearing personal stories from dads and how they have overcome their own addictive struggles



Summit Presenters and Panelists:

Rick Moldenhauer, MN Department of Human Services

Tamarah Gehlen, Director, StepUP Program, Augsburg University

Lexi Reed Holtum, Director, Steve Rummler HOPE Network

Ted Bowman, Author, Educator, Consultant, Essay on family addiction

Panel: Success stories from father who have overcome addictions.

Breakout Sessions on What Works – How programs and services are supporting fathers with addictions.

Monday, February 4

Summit: 8:30 am – 4:30 pm

Reception: 4:30 pm – 5:30 pm

Tuesday, February 5

Summit: 9:00am – 1:45 pm

Registration Fee

Full Summit **\$225**

Monday Only **\$150**

Tuesday Only **\$100**

(Lunches included both days)

**Register online at:
www.mnfathers.org**

*Clock hours and CEU's available

*Limited Scholarships available-

email td4mffn@gmail.com for info

Minnesota Fathers and Families Network presents

16th Annual Summit

Fathers, Families and the Broad Spectrum of Addictions

February 4-5, 2019

Best Western Kelly Inn
100 4th Avenue, St. Cloud, MN 56301

Registration Options

Register online with a credit card or Paypal at www.mnfathers.org

Mail: Mail this registration form and payment to MFFN, Box 225, Forest Lake, MN 55025

Name: _____

Address: _____

City, State Zip: _____

Email: _____

Phone: _____

Registration Fee--Please circle one:

Full Summit (\$225.00) Monday, February 4 Only (\$150.00) Tuesday, February 5 Only (\$100.00)

Scholarship Participant (0)

Dietary Restrictions: _____

Donate to MFFN: _____

Total Fee Enclosed: _____

Questions? Call 651-303-1219

The Kelly Inn is offering a special room rate of \$94/night for the Summit. Call 320-253-0606 to make your reservation.

Conference Agenda

February 4, 2019		February 5, 2019	
7:30 am	Registration Opens/Continental Breakfast	7:30 am	Registration Opens/Continental Breakfast
8:30 am	Welcome and Remarks	9:00 am	Keynote: Lexi Reed Holtum, Steve Rummler HOPE Network
8:45 am	Keynote #1: Rick Moldenhauer, MN Department of Human Services	10:00 am	Break/Exhibits/Networking
10:15 am	Break/Exhibits/Networking	10:15 am	Breakout Sessions (3 options)
10:30 am	Breakout Session #1 (3 options)	11:30 am	Lunch
11:45 am	Lunch/Awards	12:30 pm	Panel of fathers
1:00 pm	Breakout Session #2 (3 options)		
2:00 pm	Break/Exhibits/Networking	1:30 pm	Wrap Up/Evaluations/Issue CEU's
2:15 pm	Keynote #2: Tamarah Gehlen, Augsburg University	1:45 pm	Summit Concludes
3:15 pm	Break/Exhibits/Networking	Thank you for coming! Drive home safely!	
3:30 pm	Ted Bowman, Essay Reading		
4:30 pm	Reception with Snacks & Drinks		
5:30 pm	MFFN Board meeting		

2019 Summit Breakout Session Options
Monday, February 4, 2019

Breakout Session #1 (10:30 am): Please select one option

- Pain and Opioids*: Dr. Bret Haake, Regions Hospital
- Opioids in the Community*: Dr. Karen Monsen, University of Minnesota School of Nursing
- Protection and Enforcement of Parenting Time Rights Q & A*: Walter Burke, Attorney

Breakout Session #2 (1:00 am): Please select one option

- Mobile Device Dependency with Children & Families*: Dr. David Swenson & Dr. Brandon Olson, College of St. Scholastica
- Impacts of Internet Pornography*: Tamarah Gehlen, Director, StepUp Program, Augsburg University
- Substance Abuse and Impacts on Legal Issues*: Walter Burke, Attorney

2019 Summit Breakout Session Options
Tuesday, February 5, 2019

Breakout Session (10:15 am): Please select one option

- Resilience Movie Viewing* : Kristen Paltrow, Violence Prevention Coordinator/Father Project Employment Rep- CHI St. Josephs Community Health and Nathan Neuhart, Anoka County Child Support Supervisor
- Hope Dealer: Helping the Hopeless Find Hope and Keeping Our Own Hope Alive*: Joe Johnson, Father Project Coordinator/Family Support Specialist/Community Health Worker/Master Consultant Nurturing Fathers Program
- Tools and Resources to Deal with the Opioid Epidemic*: Lexi Reed Holtum, Director, Steve Rummeler HOPE Network