

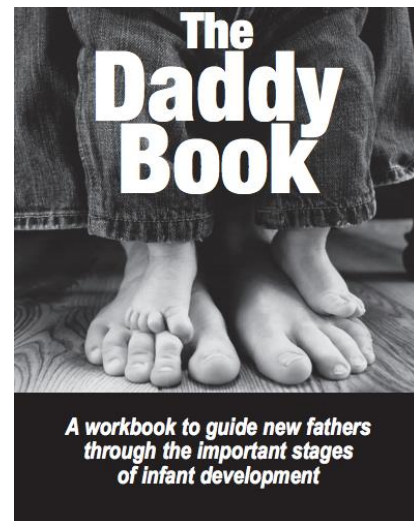
# The Daddy Book, Revised 2017

## For fatherhood program participants and new dads!

A workbook to guide new fathers through the important stages of infant development that includes detailed information about child development, father-child activities, and much more. The book includes spaces for fathers to jot down milestones in their baby's first year, reflections on being a new dad, and age-appropriate games and activities for dads and infants. The book also includes recent research on infant brain development; father-infant attachment dynamics and bio behavioral changes in fathers; new research on couples and family system dynamics during the transition to parenting; and use of video technology in helping fathers to develop sensitivity and enhance synchrony.

### Cost of Daddy Book:

- \$5.00/book – pick up
- \$6.00/book by mail
- \$3.00/book for 100-500 copies + shipping/handling
- \$2.50/book for 500 or more copies + shipping/handling



*Research shows that early healthy father involvement results in long-term positive outcomes for children.*

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